

a quiet life

Aran Browning

a quiet life

Duration: ca. 19 minutes
ca. 16 minutes (with coda)

With this project, I wanted to create a relevant, relatable and accessible work which explores a community of different people who come together to sing. The piece delves into what it's like to be a part of a community choir, highlighting and sharing the other elements off-stage that the audience don't usually see; from membership change to organising lifts, performance nerves to finding a place to rehearse.

Accompanying video, produced by Alan Cameron, encapsulates this, expanding the bounds of the work to go outside the concert while also allowing for reflection.

The text comes from and is inspired by a series of poems by Joyce Begg, one of the founding members of the Strathendrick Singers. Written for the choir at different stages throughout its history, these are conversational and personal, which is reflected in their setting, with interplay between parts, melancholic harmonies and shifting rhythms.

I endeavoured to create a challenging yet approachable work incorporating ideas including falsetto, slides/glissandos, a more independent piano part and frequently changing time signatures.

Getting to know the choir really informed this and allowed the work to become more collaborative - a piece created with the Singers, about the Singers and for the Singers. A quiet life follows their story from its 'casual beginnings' to its thriving present and future - another 'ten more years at least'!

This work was originally developed for and performed by the Strathendrick Singers as part of the Adopt a Composer scheme, funded by Creative Scotland and the Philip and Dorothy Green Music Trust, and run by Making Music, in partnership with Sound and Music and BBC Radio 3.

As part of Adopt a Composer's Legacy Project, this customisable version gives the opportunity for other choirs to contextualise the piece to their story and community. Most choirs will find that the lyrics highlighted in red will need to be changed, those in blue might need editing and the remaining text won't require altering. Another version of this score which removes the coloured text is also available. If you are considering major changes to non-coloured text or would like support with incorporating alternate lyrics, such as those which would affect or alter rhythm, contact the composer through Making Music. Including video, which reflects and captures being in your choir, to start and end the piece is encouraged.

Performance Directions

Pause between each movement (including between 3 and coda if used) except movements 2 and 3.

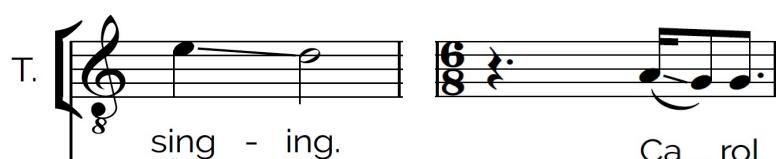
Beginning video enters with piano at the start of the piece with piano repeating as shown (bars 1-8) until video fades out with the choir then beginning to sing (bar 13).

Ending video begins when piano enters (bar 52 in mvt. 5, 34 in coda) with piano repeating as shown (bars 57-64 in mvt. 5, 38-45 in coda) until video fades out then continues.

During movement 2, 'we'll go on singing', the tenor part reaches high pitches where falsetto may be required. Basses who are able to should support the tenor line in these moments.

Glissando from the starting note to smoothly reach, though not re-sing, the connected note.

T.  we'd ra-ther they stayed with

T.  sing - ing. Ca_rol

Instrumentation

Soprano

Alto

Tenor

Bass

Piano

Movements

1 - from casual beginnings

2 - we'll go on singing

3 - our voices soar

4 - there's much more involved

5 - from those early days

(coda - can be used as an alternate ending after
movement 3, in place of 4/5)

a quiet life

1 - from casual beginnings

Aran Browning

Optimistic, $\text{♩}=120$

SOPRANO

ALTO

TENOR

BASS

Video starts alongside piano which repeats until choir reaches front, then continue.

Piano

5

Pno.

9

Pno.

13 *mp*

S. Fan-cy start - ing up_ a choir so some of us_ can sing?

A. *mp*
I'm not sure a-bout it per-haps

Pno.

16 *mp*

S. Why don't we set up_ a choir for all of us_ to

A. I could just do ta- cet_

Pno.

19

S. learn? And let us re-as-sure_ your

A. *mp*
What if I de- ferred my voice may be stirred.. let_ your fears_

T. *p*
my voice may be stirred..

Pno.

22

S. fears from ca-su-al be-gin-ings_ of
A. ___ sub-side from ca-su-al be-gin-ings_ of
T. 8 they'll hear us grow from
B. they'll hear us grow from
Pno.

25

S. home-ly ses-sions sing- ing.
A. home-ly ses-sions sing- ing.
T. 8 _____
B. _____
Pno.

S. 30 *mp*
Spread the word fill the car park,

A. *mp*
Spread the word fill the car park,

Pno.

S. 35
vil-lage hall, through the town for days on end whis-pers went. *p*

A. vil-lage hall, through the town for days on end whis-pers went. *p*

T. *p*
through the town went. *p*

B. *p*
through the town went. *p*

Pno.

40

S. *mf*
Have you heard, have you had your au - di-tion set? Au-

A. *mf*
Have you heard, have you had your au - di-tion set? Au-

T. *mf*
8 have you had Au-

B. *mf*
have you had Au-

Pno. *mp* *mf*

44

S. di-tion yet? Ah

A. di-tion yet? Ah

T. di-tion yet? Ah

B. di-tion yet? Ah

Pno. *f* *p*

51

S. - *mp* They came from Dry-men, Gart- ness, Bal-fron, the

Pno.

55

S. depths of Drum-beg Loan. coul-dn't sing a note, o- thers as if

A. - *p* Some coul-dn't sing a note, o- thers as if

Pno.

59

S. rust had got their throat. and yet most

A. rust most folk could tell if the

T. *p* got their throat most

B. *p* got their throat most

Pno.

63

S. *p* notes and at last we got a quo - - rum

A. *mp* notes and at last quo - - rum

T. *f* *p* notes and at

B. *f* notes went up or down and at

Pno.

68

S. could make a de - cent sound.

A. -

T. *p* who de - cent sound.

B. *p* could de - cent sound.

Pno.

73

S. *p* - - - - - *mf* - - - - - *p dim.* - - - - -

The dragged on be- yond be -

A. - - - - - *p* - *mp* - - - - -

as to u-ni-form on

T. *p* - - - - -

The dragged on

B. *p* - *mp* - - - - -

dis-cus- sions dragged on

Pno. - - - - - *mp* - - - - - *pp* - - - - -

78

S. - - - - - *p* - - - - -

- lief. Gents_ got neck ties with mu-si - cal mo - tif. La - dies

A. - - - - - *p* - - - - -

Gents_ got neck ties with mu-si - cal mo - tif. La - dies

T. - - - - -

La - dies

Pno. - - - - -

84

S. wan - ted el-e-gance, taste____ so they chose pink ging-ham

A. wan - ted el-e-gance, taste____ so they chose pink ging-ham

T. wan - ted el-e-gance, taste____ so they chose pink ging-ham

B. - - - - - so they chose pink ging-ham

Pno. *p*

91

S. ta- ble-cloths tied a - round the_ waist.

A. ta-ble-cloths tied a - round the_ waist.

T. ta-ble-cloths tied a - round the_ waist.

B. ta-ble-cloths tied a - round the_ waist. We____ practised in the

Pno. *mp*

98

T. *mf*
Lei sure_cen - tre e-v'ry Mon - - day night

B. *mf*
Lei sure_cen - tre e-v'ry Mon___ with___ those

Pno. *mf*

105

T. *mf*
Tho' with too___ much_ play group fur-ni -

B. ___ cei - lings high and_ bright. Tho' with too___ much_ play group fur-ni -

Pno.

111

A. *p*
At

T. *f*
ture be - sides some sat on_climb - ing frames and slides.____

B. *f*
ture be - sides some sat on_climb - ing frames and slides.____

Pno.

117

S.

A.

T.

Pno.

last a bet - ter ven - ue
a bet - ter ven - ue

122

S.

A.

T.

B.

Pno.

— was found where our voi - ces could soar
— was found where our voi - ces could soar
— was found where our voi - ces could soar
— found where our voi - ces could soar

128

S. and make a fine sound. Though pre - mi - ses

A. and make a fine sound. Though pre - mi - ses

T. and make a fine sound. Though pre - mi - ses

B. and make a fine sound. Though pre - mi - ses

Pno.

134

S. are vi - tal the mu - sic counts the most

A. are vi - tal the mu - sic counts the most

T. are vi - tal the mu - sic counts the most

B. are vi - tal the mu - sic counts the most

Pno.

140

S. — that's why a fol - der and de - sig - ner

A. — that's why a fol - der and de - sig - ner

T. — that's why a fol - der and de - sig - ner

B. — that's why a fol - der and de - sig - ner

Pno.

146

S. — tie is all we re - quire,

A. — tie is all we re - quire,

T. — tie is all we re - quire,

B. — tie is all

Pno.

152

S. all that we, we re - quire to come and

A. all that we, we re - quire to come and

T. 8 all that we, we re - quire to come and

B. - - - - to come and

Pno.

158

S. join the ha - ppy cho-rus the ha - ppy cho - rus the ha - ppy

A. join the cho-rus the cho - rus the

T. 8 join the cho-rus the cho - rus the

B. join the join the join the

Pno.

161

S. cho - rus to join the choir.

A. cho - rus the choir.

T. cho - rus the choir. To T.

B. join the choir.

Pno.

2 - we'll go on singing

19

Contemplative, $\text{J} = 52$

SOPRANO

ALTO (ppp) Sustain note throughout section, stagger breathing.
Ah

TENOR (pp) (Falsetto when required)
We rem-i-nisce, it's great to look back, to think of names.

BASS names.

Contemplative, $\text{J} = 52$

Piano

8

A. (ah)

T. We miss them so, it's ve - ry true to say

B.

Pno.

17

S. *ppp*
an - oth - er day. *Sustain throughout section, stagger breathing.*

A. (ah) *(ppp)* an - oth - er. *p* And in a - mong

T. *pp*
we'd ra - ther they stayed with us_ to sing,_ oth - er day. And in a - mong

B. *ppp*
sing,_ oth - er day.

Pno. *f* *p*
Ped. *8vb*

25

S. (ah) on.

A. the names of those long gone, oth - ers' sup - port goes on. *mp p* Through no-one's

T. the names of those long gone, oth - ers' sup - port goes on. *mp* Through no-one's

B. sup - port goes on and

Pno. *f* *p*

(8) *Ped.*

31

S. *mf*

A. *mp*

T. *mf*

B. *mp*

Pno. *f* *mp*

They're there on
fault our mem - berschange, our lea-ders we'd ne - ver re - ar-range. They're there on
fault our mem - berschange, our lea-ders we'd ne - ver re.. They're
ne - ver re - ar-range. They're

(8)

38

S. *mf*

A. *mf*

T. *mf*

B. *mf*

Pno. *f* *mp* *f*

Mon-days through thick and thin, they smile their way through each and ev'ry
Mon-days through thick and thin, they smile their way through each and ev'ry
through, they smile through each and ev'ry
through, they smile through each and ev'ry

44

S. *mf* ————— *p*

A. *mf* ————— *p*

T. *mf* ————— *p*

B. *din.* —————

Pno. *p*

With such a
din. such a so - cial, so - cial bunch
din. we could-n't
din.

50

S. ————— | 9 8 ————— | 6 8 ————— | Ca_rol sing - ing,

A. ————— | 9 8 ————— | 6 8 ————— | Ca_rol sing - ing,
the par-ties, cheese, wine, bar - be-cues.

T. ————— | 9 8 ————— | 6 8 ————— | —————
lose——— cheese, wine, bar - be-cues.

B. ————— | 9 8 ————— | 6 8 ————— | —————
cheese, wine, bar - be-cues.

Pno. *p*

55

S. *p*
in The Bull, _____ hap - py mem - ries are

A. *p*
hap - py mem - ries are

T. *p*
eve-nings in years_ with hap - py mem - ries are

B. *p*
eve-nings in years_ with hap - py mem - ries are

Pno.

59

S. full. Mem o ries

A. full. Mem o ries

T. full. Mem o ries

B. full. Mem o ries

Pno. *mp* *f*

63 Anticipating, $\text{J} = 66$

Pno. *p*

67

S. *mf*
hear_our

A. *mp*
hear_our

T. *p*
ears_____ hear,

B. *p*
So long____ as ears____ can hear,

Pno.

72

S. mu - sic lin - ger-ing. lin - ger-ing. We'll go on_____

A. mu - sic lin - ger-ing. lin - ger-ing. We'll go on_____

T. mu - sic lin - gers. lin-ger-ing. We'll go on_____ *mf*

B. mu - sic lin - gers. lin-ger-ing. We'll go on_____ *mf*

Pno.

77

S. sing - ing, sing - ing. We'll go on sing - ing.

A. sing - ing, sing - ing. We'll go on sing - ing,

T. 8 sing - ing, sing, sing-ing. We'll go on sing - ing,

B. sing - ing, sing, sing-ing. We'll go on sing - ing,

Pno.

82

S. sing - ing ten more years, ten more years

A. sing - ing ten more years, ten more years

T. 8 sing, sing - ing ten more years, ten more years

B. sing, sing - ing ten more years, ten more years

Pno.

87

S. *mp cresc.*
at - - - least. *lf*

A. *mp cresc.*
at - - - least. *lf*

T. *mp cresc.*
8 at - - - least. *lf*

B. *mp cresc.*
at - - - least. *lf*

Pno. *mp cresc.*

90

S. they want mu - sic, we'll pro - vide a

A. they want mu - sic, we'll pro - vide a

T. 8 they want mu - sic, we'll pro - vide a

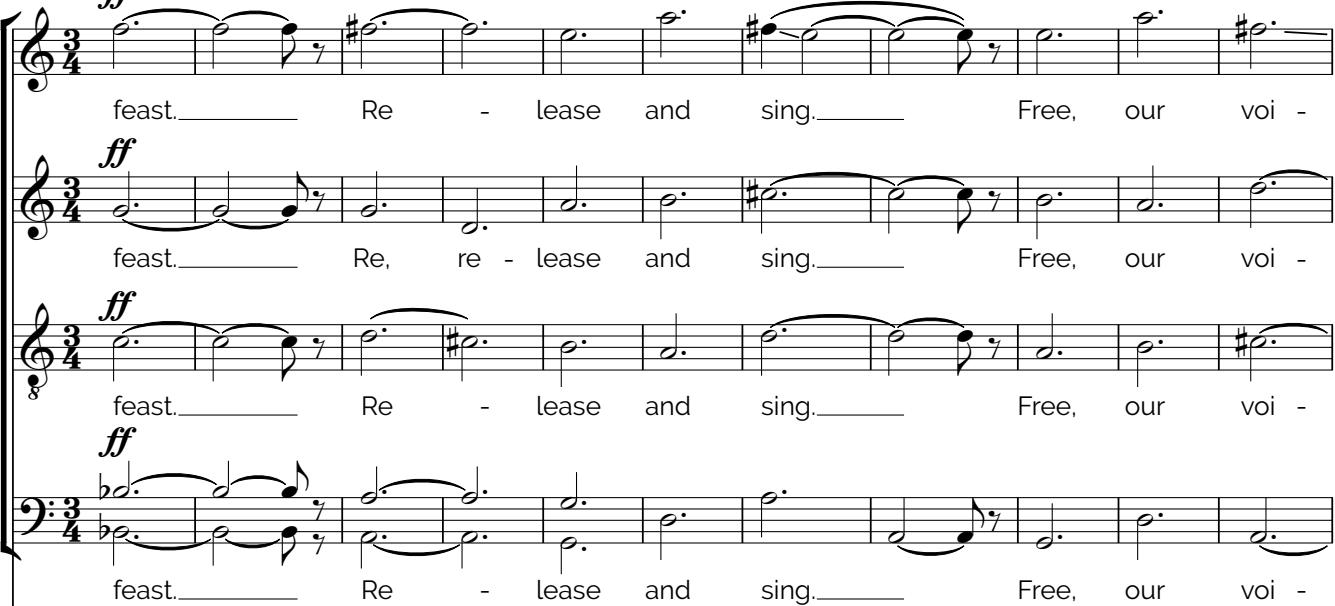
B. they want mu - sic, we'll pro - vide a

Pno. *8vb*

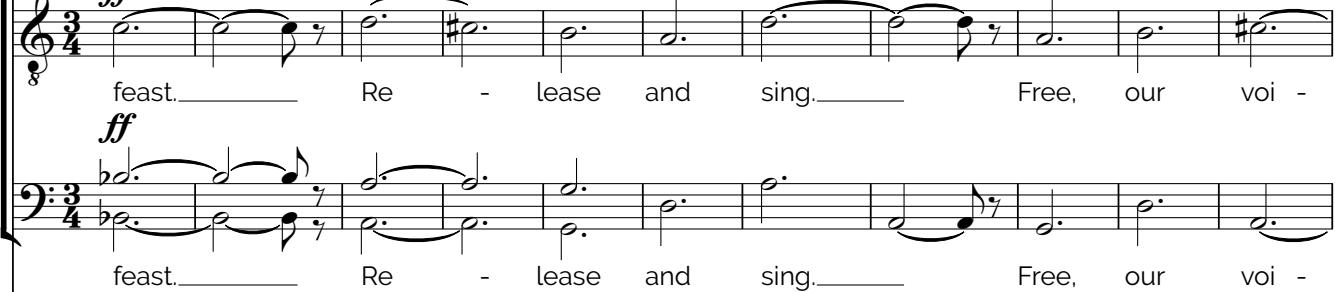
3 - our voices soar

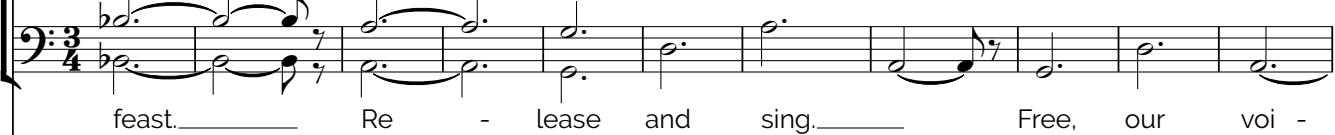
27

Freely, $\text{J}=80$

S. 

A. 

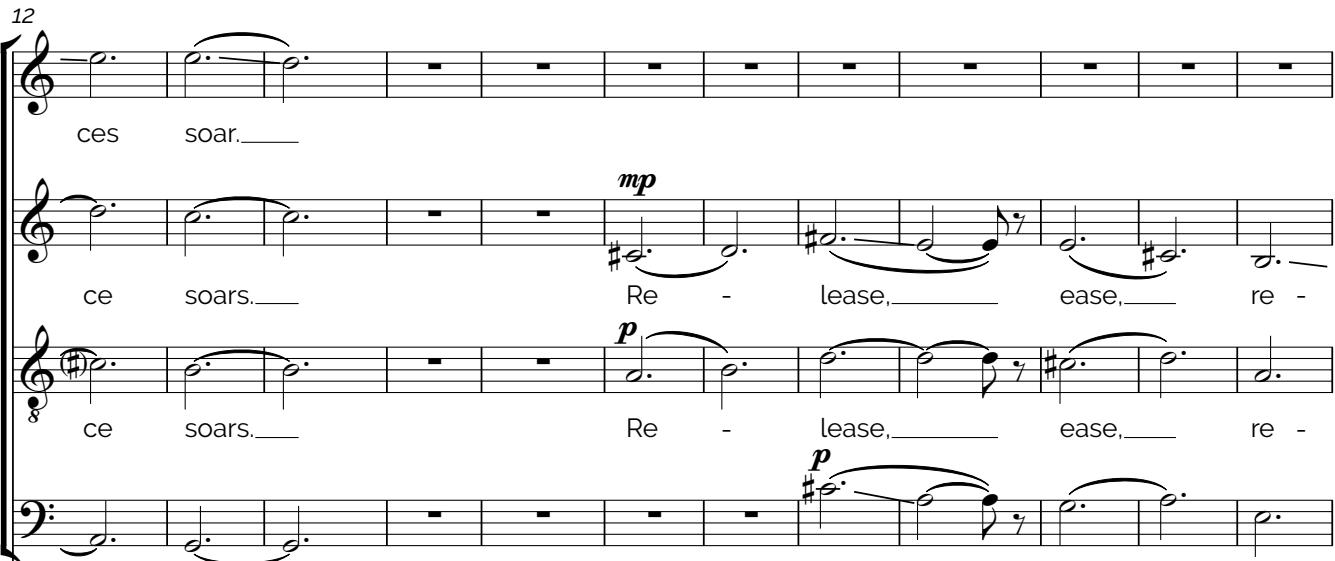
T. 

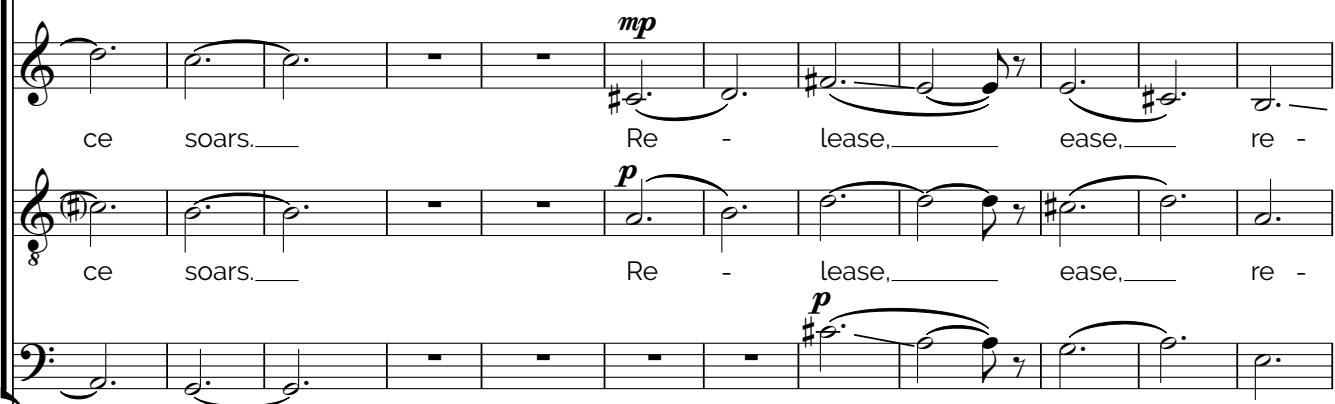
B. 

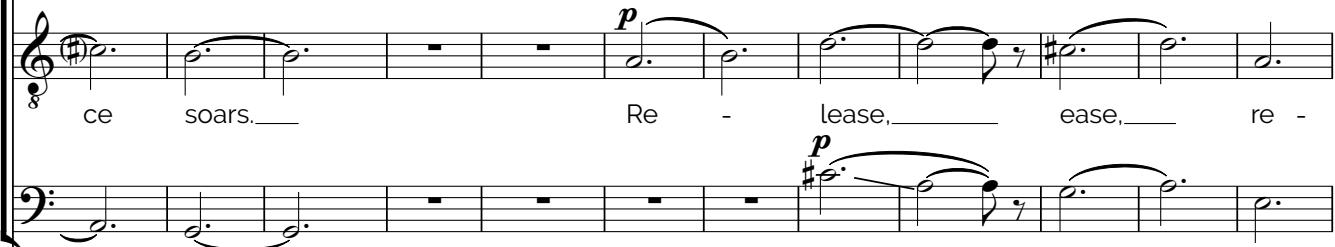
Freely, $\text{J}=80$

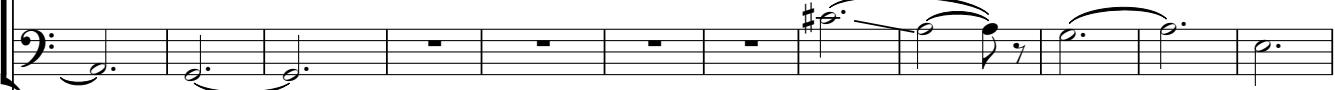
Pno. 

(8)-----

S. 

A. 

T. 

B. 

Pno. 

(8)-----

24

S. *mf* ——————
lease. Sing. free and sing! Sing! Free, our

A. *mf*
lease. Sing. free and sing! Sing! Free, our

T. *mp*
lease. Sing. free and sing! Sing! *mf* Free, our

B. *mp*
lease. Sing. free and sing! Sing! *mf* Free, our

Pno.
mf *f*
8vb -----

35 *f*
S. voi - ces, voi - ces soar. *ff*

A. voice, voi - ces soar. *f*

T. voi - ces, voi - ces soar. *f* solo *p* That feel - ing.

B. voice, voi - ces soar. *f*

Pno. *ff* *mf* *pp*
8va -----
(8) ----- J

T. 45

that feel - ing of e - la - tion

(8)

Pno.

T. 51

sing - ing. sing - ing brings, sing - ing brings, brings,

(8)

Pno.

A. 57 *p*

with - in the choir. The rap - port, voi - ces

T. unis.

T. with - in the choir. The rap - port, voi - ces

B. *p*

in the choir. The rap - port, voi - ces

Pno. *mp*

30

63

S. *p*
And in that mo-ment re-lease and, and, and

A. soar.
p re-lease and,

T. *p* soar. re-lease and, re-lease and,

B. *p* soar. Re -

Pno. *p* *#G:* *#G:* *#G:* *#G:* *#G:* *#G:* *#G:*

70

S. *f* sing! Sing.

A. *f* re - lease and sing! Sing.

T. *f* re - lease and sing! Sing.

B. *f* lease sing! Sing. Re - lease and

Pno. *f* *#G:* *#G:* *#G:* *#G:* *#G:* *#G:* *#G:*

75 rit.

S. Free, our voi - ces soar.

A. Free, our voice soars.

T. Free, our voice soars.

B. sing! Our voice soars. rit.

Pno.

(8)

The musical score consists of five staves. The first four staves represent vocal parts: Soprano (S.), Alto (A.), Tenor (T.), and Bass (B.). Each vocal part has lyrics: 'Free, our voices soar.' for S., 'Free, our voice soars.' for A., 'Free, our voice soars.' for T., and 'sing! Our voice soars.' for B. The vocal parts are in common time with a key signature of one sharp. The piano part (Pno.) is in common time with a key signature of one sharp, indicated by a circled 'G' with a sharp sign. The piano staff shows a harmonic progression from D major to E major. Measure 75 begins with a dynamic of forte (f) in the soprano and alto, followed by a decrescendo (ritardando). The bass part starts with a dynamic of piano (p) and ends with a dynamic of forte (f). The piano part includes a dynamic marking '(8)' below the staff.

4 - there's much more involved

Playful, ♩=96

S.

A.

T.

B.

Playful, ♩=96

Pno.

8

S.

A.

T.

B.

Can. _____ It's hard - er than

How _____ you. _____ Hard

How are you on stack-ing chairs, can you bake a few e-clairs? Hard.

Hard. _____

Pno.

13

S. - - - - - *pp* Sell.

A. - er than you think to sing. *pp* Sell.

T. - - - - - *p* tick-ets,

B. - - - - - sing and op-er - ate the sink, sell the tick-ets,

Pno. - - - - - *p*

17

S. Hard - er_ *mp* to give out *f* you'll need to shout!

A. - - - - - *mp* than_ you think no-ti - ces.

T. serve the drinks. It's hard. *f* *p*

B. serve the drinks. It's hard - er_

Pno. *f* *p*

22

S. - - - - - *mp* raf-fle gifts, how 'bout or-gan

A. - - - - - *mp* Would you help with raf-fle gifts, or-gan

Pno. *f* *p*

27

S. - - - - - is-ing lifts? take down the stage? You know some-one who can page

A. - - - - - is-ing lifts? Could you take down the stage? some-one who can page

T. - - - - - *mp* *f*
Do you know? page

B. - - - - - *mp* *f*
Do you know? page

Pno. *f*

32

S. *f* *pp* *p*
turn, turn? There's much more

A. *f* *pp*
turn, turn?

T. *f* *pp*
8 turn, turn?

B. *f* *pp*
turn, turn?

Pno. *pp* *p*

37

S. *mf*
in-volved than

A. *p* *mf*
than, much more in-volved, than

T. *pp* *mf* *p* *mf*
8 so much more in-volved much more in-volved, than

B. *pp* *mf*
so much more in-volved

Pno. *mf* *p*

41

S. sing - ing, sing - ing with us. *mp*

A. sing - ing, sing - ing with us. *mp*

T. sing - ing, sing - ing with us. *mp*

B. with us. *mp*

Pno.

45

S. In - stead of *mp*

A. Our G and S pro-duc-tions were the best. *sf* *mp*

Pno. *p* *f* *p*

37

50

S. *sf* *mp*
Pen-zance or some - where far, _____
pp *mf*
based in Bal ma-ha!

A. *sf* *mp*
where far, _____
pp *mf*
based in Bal ma-ha!

T. *pp* *mf*
our pi-rate fleet was

B. *pp* *mf*
our pi-rate fleet was

Pno.

54

T. *mp*
our ver sa _____

B. *sf* *mp*
We've done splen - did op-er-at - ic shows, _____
our ver sa _____

Pno.

59

S. *mf*
til - i-ty no li- mit knows. —

A. *mf*
til - i-ty no li- mit knows. — We

T. *mf*
no li- limit knows. —

B. *mf*
no li- limit knows. —

Pno. *f* *mf* *ff* *p*

64

A. *sf* *mp*
don't try to mes mer - ise or baf - fle, we of - fer

Pno. *f* *p*

68

S. - - - - - *in a raf-fle.*

A. *smoked salmon* in a raf-fle. in a raf-fle.

T. - - - - - *raf-fle.*

Pno. *f* *p* *ff*

72

S. *f* *ff* Al-though a fold - er and tie is all you re - quire,

A. *f* *ff* Al-although a fold - er and tie is all you re - quire,

T. *f* *ff* Al-although a fold - er and tie is all you re - quire,

B. *f* *ff* Al-although a fold - er and tie is all you re - quire,

Pno. *f*

74

A musical score for four voices (Soprano, Alto, Tenor, Bass) and piano. The vocal parts are in G major, common time, with lyrics in parentheses. The piano part is in F major, common time. Measure 74 starts with a piano dynamic of ***mf***. The vocal entries begin with ***mf*** dynamics, followed by a piano dynamic of ***p***. The lyrics are: "there's much more in - volved to sing in our choir." The piano part continues with ***pp*** dynamics.

S. (there's much more in - volved to sing in our choir.)

A. (there's much more in - volved to sing in our choir.)

T. (there's much more in - volved to sing in our choir.)

B. (there's much more in - volved to sing in our choir.)

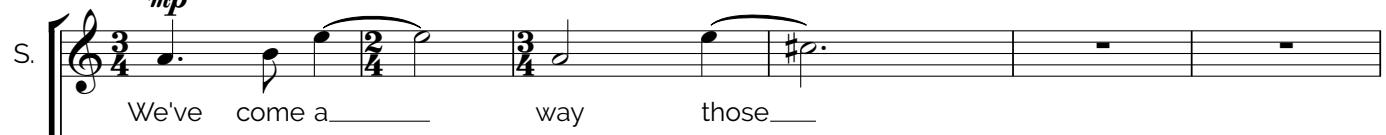
Pno. (measures 74-75)

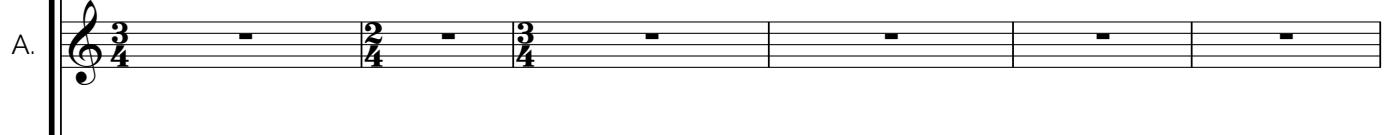
5 - from those early days

41

Lively yet reminiscent, $\text{♩} = 112$

mp

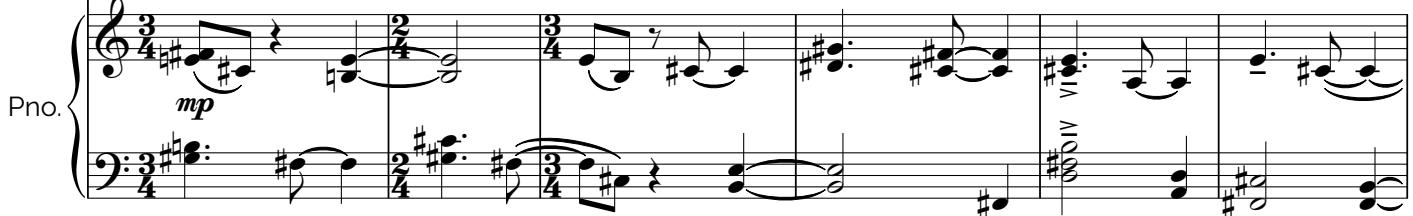
S. 

A. 

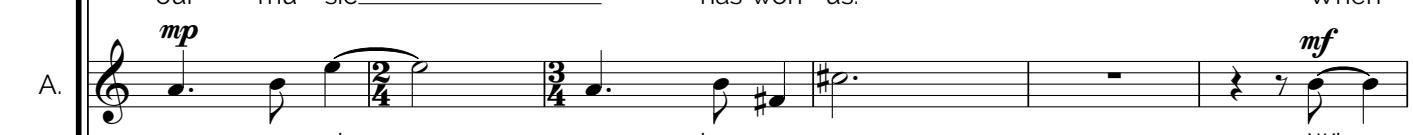
T. 

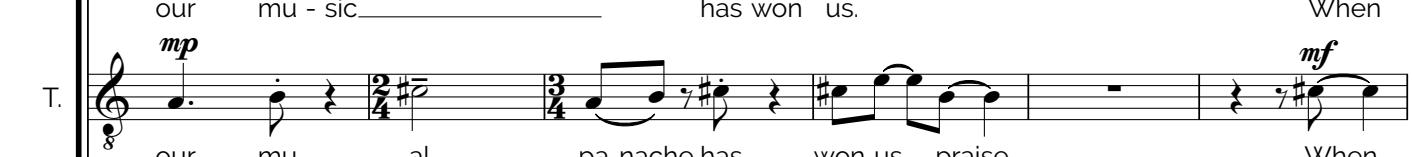
B. 

Lively yet reminiscent, $\text{♩} = 112$

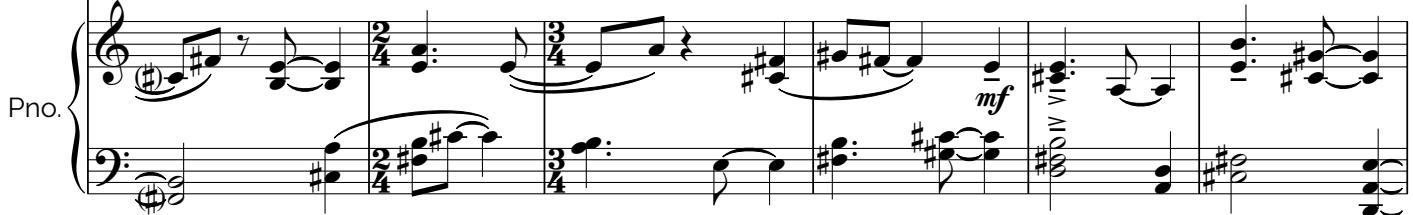
Pno. 

S. 

A. 

T. 

B. 

Pno. 

13

S. asked we'd per - form we heard the call. We've sung in_

A. asked we'd per - form we heard the call. We've sung in_

T. 8 asked if we'd form we_ heard call. We've sung in_

B. asked if we'd form we_ heard call. We've sung in_

Pno.

19

S. church, in school. (mf)

A. church, in. (mf)

T. church, in. (mf)

B. church, in, vil-lage hall. (mf)

Pno.

26

S. Re-mem ber? That first con - cert

A. Re-mem ber? That first con - cert

T. Re-mem ber? That first con - cert

B. 'Mem ber? That first con - cert

Pno.

34

S. back in Kil- learn

A. back in Kil- learn

T. where we re - turn.

B. where we re - turn.

Pno.

40

S. - *To go on singing ten more years at least.*

A. - *To go on, to go on singing ten more years at least.*

T. - *To go on, to go on, to go on singing ten more years at least.*

B. - *To go on, to go on, to go on, to go on singing ten more years at least.*

Pno. - *f ff f*

46

S. - *If they music provide a feast. So long as ears can hear, a quiet life is...*

A. - *They want music we'll provide a feast. So long as ears can hear, a quiet life is...*

T. - *They want music we'll provide a feast. So long as ears can hear, a quiet life is...*

B. - *If they music provide a feast. So long as ears can hear, a quiet life is...*

Pno. - *mp f ff f*

51

S. far, is far from_near!

A. far, is far from near!

T. far, is far from near!

B. far, is far from near!

Pno.

ff

ff

ff

ff

Piano begins as choir sits down one by one and turns to look at ending video.

55

Pno.

Repeat until video ends, then continue.

dim.

60

Pno.

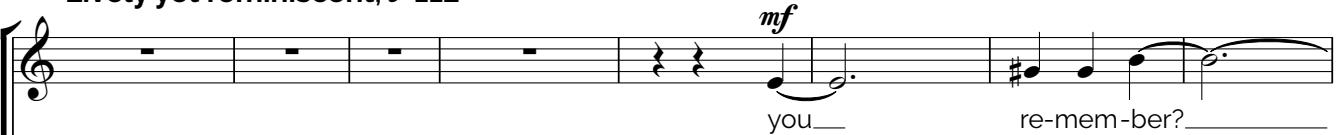
65

Pno.

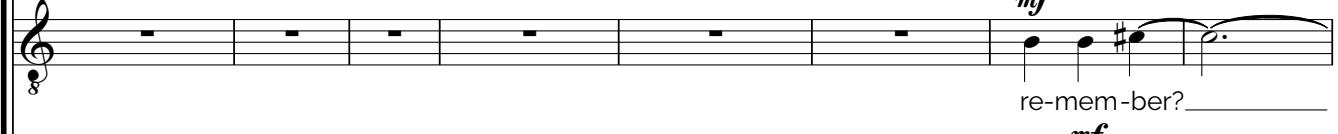
p

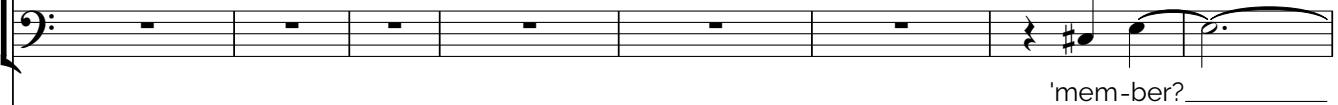
coda

Lively yet reminiscent, $\text{J}=112$

S. 

A. 

T. 

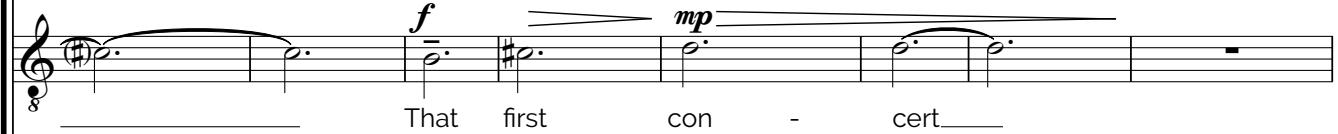
B. 

Lively yet reminiscent, $\text{J}=112$

Pno. 

9 S. 

A. 

T. 

B. 

Pno. 

17

S.

A.

T. *p* where we re - turn. *mp* To go on,

B. *p* where we re - turn. *mp* To go on, to go on,

Pno.

23

S. *f* *ff* To go on sing-ing ten more years at least. If they mu - sic

A. *mf* *f* To go on, to go on sing-ing ten more years at least. They want mu - sic

T. *f* to go on, to go on sing-ing ten more years at least. They want mu - sic

B. *f* to go on, to go on sing-ing ten more years at least. If they mu - sic

Pno.

28

S. pro-vide a feast. So long as ears can hear, a qui-et life is far, is far

A. we'll pro-vide a feast. So long as ears can hear, a qui-et life is far, is far

T. we'll pro-vide a feast. So long as ears can hear, a qui-et life is far, is far

B. pro-vide a feast. So long as ears can hear, a qui-et life is far, is far

Pno.

33

S. from near!

A. from near!

T. from near!

B. from near!

Piano begins as choir sits down one by one and turns to look at ending video.

Pno.

36

Pno.

Repeat until video ends, then continue.

38

Pno.

dim.

43

Pno.

p

47

Pno.

The score continues from measure 47, showing a repeating pattern of eighth-note chords in both treble and bass staves, maintaining a key signature of three sharps throughout the measures shown.